



## **PREVENTION & EARLY INTERVENTION IN-SERVICE TRAINING**

**AUGUST 2<sup>nd</sup> – 4<sup>th</sup>, 2006**

**Embassy Suites Hotel**

150 Anza Boulevard  
Burlingame, CA 94010  
(650) 342-4600

### **PURPOSE OF THE MEETING**

Identify different approaches to prevention and early intervention, and approaches to building community capacity for the successful implementation of effective interventions that result in positive public health outcomes at the local, regional, and statewide levels.

Establish an understanding that will assist in constructing the essential elements of an action plan for the Mental Health Services Oversight and Accountability Commission Prevention and Early Intervention Committee and identify the next steps required to develop a comprehensive plan for the Commission.

### **LEARNING OBJECTIVES:**

- Discuss a framework for prevention and early intervention that will guide efforts at the local and state-levels, taking into consideration the values and principles of stakeholders, diverse populations, public health outcomes and functions, implementation issues, and capital and facility infrastructure needs
- Begin to develop a strategy that will allow each county to leverage opportunities to enhance the well-being of its citizens that is in alignment with statewide standards and expectations that hold counties accountable
- Consider the role of evaluation and begin to operationalize the Commission's goals in terms of outcomes in areas of prevention and early intervention
- Begin to develop a comprehensive vision and values for Prevention and Early Intervention.



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### Agenda

#### **DAY ONE - AUGUST 2, 2006**

##### **9:00 AM - 9:15 AM WELCOME**

**Darrell Steinberg**, Chair, Mental Health Services Oversight and Accountability Commission

**Darlene Prettyman**, Mental Health Services Oversight and Accountability Commission and Prevention and Early Intervention Committee Co-Chair

##### **9:15 AM – 10:15 AM INTRODUCTION TO THE PREVENTION/EARLY INTERVENTION IN-SERVICE TRAINING: PURPOSE, LEARNING OBJECTIVES, AND FORMAT OF THE IN-SERVICE**

**Robert M. Friedman**, Ph.D., University of South Florida

**Mario Hernandez**, Ph.D., University of South Florida

**Facilitator: Sergio Aguilar-Gaxiola**, M.D., Ph.D., Center for Reducing Health Disparities, UC Davis

##### **Goals:**

- a) To understand the format, purpose, and learning objectives of the presentations;
- b) To gain an understanding of different frameworks for understanding Prevention and Early Intervention, what leads to positive public health outcomes, and which approaches to change work best at a local level.

##### **10:15 AM - 10:45 AM DISCUSSION, QUESTIONS & ANSWERS**

##### **10:45 AM - 11:00 AM BREAK**

##### **11:00 AM - 12:30 PM PREVENTION, EARLY INTERVENTION & COMMUNITY-BASED SERVICES Community Treatment for Youth: Evidence-Based Interventions**

**Al Duchnowski**, Ph.D., University of South Florida

**Krista Kutash**, Ph.D., University of South Florida

**Facilitator: Jerry Doyle**, President/CEO, EMQ Children & Family Services

**Goal:** To gain an understanding of the most effective evidence-based community interventions from birth through transition age (25 years), the best times to intervene and why, and which indicators show that the interventions have been effective.

##### **12:30 PM-1:30 PM LUNCH** (on your own)

##### **1:30 PM – 3:00 PM SCHOOL-BASED PREVENTION, INCLUDING THE INVOLVEMENT OF FAMILIES**

**Steven Forness**, Ed.D., UCLA, Neuropsychiatric Institute

**Marleen Wong**, Ph.D., Los Angeles Unified School District, Trauma Services Adaptation Center for Schools

**Facilitator: Marty Giffin**, Ph.D., Executive Director, San Diego Center for Children

**Goal:** To gain an understanding of what it takes to have effective school-based programs, how families are engaged, processes used, specific expected outcomes and how these outcomes might be measured.



Prevention & Early Intervention In-Service Training  
Day One continued

**3:00 PM - 3:30 PM BREAK**

**3:30 PM - 5:00 PM PREVENTION OPPORTUNITIES:**

**IMPACT OF MATERNAL DEPRESSION ON ADULTS AND CHILDREN**

**William Beardslee**, M.D., Professor of Child Psychiatry and Academic Chair,  
 Department of Psychiatry, Harvard University

**Sharon Storton**, LMFT, Private practice in Campbell, California

**Facilitator: Saul Feldman**, D.P.A. Chairman/Emeritus, United Behavioral Health

**Goal:** To gain an understanding of research done with mothers who are depressed and the impact of their depression on raising mentally healthy children.

**DAY TWO - AUGUST 3, 2006**

**9:00 AM - 10:30 AM PRIMARY CARE INTERVENTION: PRACTICE AND SYSTEMS LEVEL**

**Janet Paine**, MHA, Director of Integrative Services, Family Health Care Network  
 (Tulare County)

**Thomas Kim**, M.D., Vice President, Chief Medical Officer for Family Health Care Network

**Alfredo Aguirre**, LCSW. Director, San Diego County Mental Health Services

**Facilitator: Carmela Castellano-Garcia**, President/CEO, California Primary Care  
 Association Community Clinics

**Goal:** To understand the important reasons for integrating mental health in primary care, intervening at a Primary Care level, what the challenges have been, how those challenges can be addressed, and the positive outcomes that can result.

**10:30 AM - 10:45 AM BREAK**

**10:45 PM – 12:15 PM JUVENILE JUSTICE**

**Judge Richard Loftus, Jr.**, Santa Clara County Superior Court, Court for Individualized  
 Treatment of Adolescents

**David Arredondo**, MD. Medical Director, Office of Mental Health and Child Development,  
 San Jose

**Facilitator: Saul Feldman**, D.P.A., Chairman/Emeritus, United Behavioral Health

**Goal:** To identify practices that are effective in preventing youth with mental health conditions from entering the juvenile justice system, as well as increase understanding of processes that juvenile justice courts utilize when working with youth who have mental health issues and their families.

**12:15 PM - 1:30 PM LUNCH** (on your own)

**1:30 PM -3:00 PM DISPARITIES – RACE/ETHNICITY AND GENDER**

**David Takeuchi**, Ph.D., Associate Dean for Research, School of Social Work, Professor of  
 Sociology, University of Washington

**Crystal Crawford**, Esq., Chief Executive Officer, California Black Women's Health Project

**Catherine Camp**, Women's Mental Health Planning Council

**Facilitator: Gwen Foster**, LCSW, Senior Program Officer, Mental Health Program,  
 California Endowment

**Goal:** To understand the impact of disparities from a gender, racial, ethnic, and cultural perspectives, and the outcomes of innovative policy and practice approaches.



Prevention & Early Intervention In-Service Training  
Day Two continued

**3:00 PM - 3:30 PM BREAK**

**3:30 PM - 5:00 PM COMBATING STIGMA AND DISCRIMINATION FROM INDIVIDUAL, PROVIDER, COMMUNITY, AND CULTURAL PERSPECTIVES**

**Patrick W. Corrigan**, Psy.D., Professor, Institute of Psychology, Illinois Institute of Technology

**Bill Lichtenstein**, Founder and President, Lichtenstein Creative Media

**Facilitator: Jay Mahler**, Program Director, Department of Mental Health, Contra Costa County

**Goal:** To understand consumer-driven and state-wide/ county strategies for reducing stigma and discrimination and promoting wellness and recovery.

**DAY THREE - AUGUST 4, 2006**

**9:00 AM - 10:30 AM SUICIDE PREVENTION**

**Kita Curry**, Ph.D., President/CEO, Didi Hirsch Community Mental Health Center

**Facilitator: Mary Hayashi**, MBA, Mental Health Services Oversight and Accountability Commission and Prevention and Early Intervention Committee Co-Chair

**Goal:** To gain an understanding of the magnitude of the problem as well as the most promising, evidence-based interventions to prevent suicide across the life span.

**10:30 AM - 10:45 AM BREAK**

**10:45 AM - 12:15 PM PREVENTIVE INTERVENTIONS WITH FOSTER CARE YOUTH**

**Leslie Leve**, Ph.D., Oregon Social Learning Center

**Facilitator: Darrell Steinberg**, Chair, Mental Health Services Oversight and Accountability Commission

**Goal:** To gain an understanding of effective prevention practices, supports, and early intervention services for youth living in foster care families.

**12:15 PM - 1:15 PM LUNCH** (on your own)

**1:15 PM - 4:45 PM DRAFTING AN ACTION PLAN: SUMMARIZING THE LEARNING OBJECTIVES FROM THE PRESENTATIONS**

**Facilitators: Robert M. Friedman**, Ph.D. & **Mario Hernandez**, Ph.D.

**Goals:**

- a) Review the key elements of each presentation and make a list of the key objectives that came out of each of the different topic discussions;
- b) Identify the key objectives that came out of each of the topic discussions;
- c) Identify Next Steps.

**4:45 PM - 5:00 PM CLOSURE & WRAP-UP**

**Mary Hayashi**, MBA, Mental Health Services Oversight and Accountability Commission and Prevention and Early Intervention Committee Co-Chair